

With You Through Life's Journey...

Mid-Career



We are with you from day one, with baby names and benefits for your children.



Did you know that 4 percent of benefits are paid to children under their parent's record?



If you legally change your name due to marriage, divorce, or any other reason, let us know so you can get an updated Social Security card — and so we can accurately keep track of your earnings. There is no charge for a Social Security card.



If you change jobs, your employer verifies your Social Security number with us. That way your earnings record is accurate and up to date in case you need benefits. Keep track of your earnings record by creating a **my** Social Security account. www.ssa.gov/myaccount



If the unexpected happens, we are there with disability benefits for you and your dependents.



Disabled workers and their dependents account for 13 percent of Social Security beneficiaries.



If you lose your soul mate, we are there with benefits to help you get through the difficult time.



When most people think of Social Security, they think of retirement benefits — and with good reason. But we are more than retirement benefits; we also offer many online tools to help you plan for your future.



Securing today and tomorrow

SSA.gov |     

Social Security Administration

Publication No. 05-10232 | May 2023 (Recycle prior editions)

With You Through Life's Journey Roadmap for Mid-Career

Produced and published at U.S. taxpayer expense